





Our story

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JAMES

Weareasmallfamilybusiness based in rural Suffolk that arethemakersofbrilliantnon-alcoholicjuicesandcordials.

We have been tasting, blending and experimenting with fruit and vegetable juices for over 30 years. We are unapologetically good at creating delicious drinks and we like to think there's a special James White juice for everyone and any occasion.

James White is fortunate to be based in Ashbocking, in the middle of Suffolk. We source our non-organic apples and carrots and most of organic beetroot from farms in the East of England. Nevertheless, when the fruit (eg. organic apples and pears) and vegetables (eg. tomatoes and organic carrots) are grown more successfully abroad we are proud to source the best there is.



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Our Brands





Our Brands



















· THORNCROFT· CORDIAL



Thorncroft Cordial 33cl

- Our**ThorncroftCordials**areplant-basedwithahedgerow theme.
- Emphasis on **fine natural flavours**

Strong dilution ratios – you can make up to 3 ½ liters of drink per bottle

Flavours include:

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Herbal Liquorice – a unique mix of liquorice, dandelion and other botanicals **Wild Nettle** – a captivating aroma with wild nettles

Autumn Rosehip – an enchanting cordial made with real rosehips

Wild Elderflower – the original elderflower cordial

Pink Ginger – delicately pink, utterly refreshing





BIG TOM



Perfectly mixed to create the perfect Bloody Mary

MakingagreatBloodyMarycanbefrustratinglyhard to get right.

Our troubles back in 1995 resulted in the magnificent creation of something truly special – Big Tom – a powerful blend of spices to make the ultimate Bloody Mary Mix. Add a dash of vodka and we've done the hard work for you. With 12 herbs & spices, Big Tom makes a wonderfully refreshing twist on a tomato juice.



For the best Bloody Mary ever...!





- Distinctive&unique recipewhichhasstoodthe testof time, Big Tom has been around since 1995 and is still lovedby thousands ofpeople across the world!
- 21 premium quality ingredients: a unique mix of 18 herbs and spices, and Vegan Worcester Sauce.
- Proud owner of the Royal Warrant since 2002: a mark of recognitionto
- companieswhoregularly suppliedgoodsto theRoyalFamily re-awarded in 2025 by His Majesty the King
- BigTomis versatile-canalsomakegreatVirginMary (alcohol-free), Red
 Snapper (with gin), Michelada (withbeer)andmanymore!
 - Ambientstorage, up to 24 months (depending on product)







By Appointment to His Majesty The King Jaice Manufacturer James White Drinks Ltd., Suffolk





Rich & hearty beetroot juice



- □ The UK's first and only pressers of beetroot juice.
- Functional yet tasty Beetroot juice; that is surprisingly sweet, earthy and delicious
- ▲ Notfromconcentrates—with90%beetrootjuiceand10% apple juice. No colouring or preservatives.
- **£2.9m**andgrowingwith customersworldwide.

25cl

now in glass

A 150ml serving of beetroot juice counts as 1 of your 5 a day.



The science behind nitrate



JAMES WHITH

BEETROOT JUIC

Beetroot juice is naturally rich in a molecule called nitrate. Nitrate is converted to nitrite by bacteria in saliva on the tongue. Nitrite is then converted to nitric oxide in thestomach andbloodstream.Nitricoxideis a vasodilator*responsiblefor:



*Vasodilatorshelpwidenbloodvesselstoregulatebloodpressureandbloodflow. The Nobel Prize for Medicine (1998) was awarded to the three scientists that discovered theimportantvasodilatoryandsignallingroleofnitricoxideforthe cardiovascular system.







What is the market saying?

83%oftheshoppersplacingincreasedimportanceontheclarityofnutritional information on packaging (IGD, 2020).

Sales of organic produce post lockdown rose by **12.6% to £2.79bn in 2020 – the category's highest growth level in 15** years (Source: Soil Association, 2021). Organic commands a **19.3% premium** vs non organic (source: Kantar, Total Organic 52 w/e 25 Dec 2022)

Thewellbeingshotsmarketisnowworth£25.6m(NielsenIQRMS,2023), and is predicted to more than double by 2025.

Immunity & wellness trends

 42%saythathealthbenefits(e.g.:supportsguthealth)wouldencourage them to pay more for a fruit juice (Mintel, 2021)

36% of UK juice drinkers are more concerned about their immunity than before the pandemic and are

- drinking more functional drinks as a result (Alex Beckett, food & drink associate director at Mintel).
 - Our 'Big Zinger' ginger & turmeric bottles are the perfect way to protect your gut health and boost your immunity, especiallyinwintermonths. They contain 5shots to maximise the effect of ginger/turmeric root juices on your body.

A line up of 5 juice shots – 4 of which are organic



Extra Hot Ginger: with 40% crushed organic ginger root juice and pressed apple juice and a pinch of chilli, this Zinger is for serious ginger nutcases only! More of a wallop than a kick!

drink made in the UK using crushed turmeric juice. This is blended with pressed apple juice, lemon juice, black pepper and a little chilli to give it a gentle zing.

LIME & CHILLI

have & Brini

Turmeric: the firstever

SOUR ake & Drin

Intense Sour Cherry: A warming sour cherry shot with subtle heat from

natural chilli to intensify

your day!



ZINGER ZINGER ZINGER TURMERIO Shake & Brink

Organic Ginger: 27% crushed organic root ginger juice with pressed apple juice. This zinger has a generous warm spicy kick.

ORBANIC

GINGER

Shake & Print

Lime & Chilli: a brilliant combination of the sharpness of lime juice tempered with pressed apple juice with a fierce hit of chilli. This one will knock your socks off!

NEW BRANDING

Refreshed branding designer to enhance presence on the shelf





Organics

Organic 75cl Fruit Flavours

OurNotFrom Concentrate Organic Pear Juiceisafine example of English Fruit at its best! Free from any preservatives or colourings.

James White Drinks **fastest growing** Organic Fruit juice product and growing at **44% YOY**

NFC juice category growing by **+9.4%** to **£540.7m** (Kantar 52 w/e 27 December 2020).

Surge in consumer demand for new flavours, quality and variety with people willing to pay more for the right drinks. [Kantar 52 w/e 5 September 2021]. Apple, Apple & Ginger and Pear are also available in 25cl glass bottles



Organic 75cl Vegetable Flavours

OurNotFrom Concentrate Organic Pear Juiceisafine example of English Fruit at its best! Free from any preservatives or colourings.

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Classics 75cl Flavours

- The original collection by James White drinks
- Created using filtration techniques borrowed from the wine world, we've fine-tuned these **clear, pressed juices** for over 20 years
- Starting off with Bramley, Russet and Cox, and then with the addition of Summer Berries and Elderflower mixes
 Our award-winning prune juice differs from other fruit juices in the fact it is not made by squeezing fresh fruit, but instead
 traditionally made using slowly dried plums
 All flavours are also available in 25cl glass bottles*



Classics 11 Vegetable Tetra Range

lassics

Veg It

conveniently

soups and

vegetables.







British Carrot

New

We have taken the best British carrots and added vitamin D to help you top up one of your key vitamins. Our blend has no added ingredients which are often found in vitamin blends.

Vitamin D contributes to the normal function of the immune system.





Paprechers

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Refreshers 75cl

- 'Refresher'srangeofrefreshingsummer favourites
- Ginger Refresher and Lemon Refresher, sample a quintessentially English favourite Rhubarb
 A delightful non-alcoholic alternative and perfect for the picnic hamper, these juices are packed full of flavour.





SPORI



The science

A key effect of dietary nitrate is that it reduces the oxygen demand of exercise, meaning the muscles need less oxygen maintain a given work rate, thereby improving exercise fatigue resistance and exercise performance.

In 2018, the International Olympic Committee reported c nitrate supplementation is associated with up to:

25% Increase in time to exhaustion
 5% Improvement in sprint performance
 3%Increasein time-trialperformance



SPORT Bee

WHAT IS IN YOUR BEETROOT JUICE NITRATE CONTENT

Dosing guidelines from 2018-10C

Consensus statement

BEETROOT SHOT

Nitrate content of Beetroot products



GallardoEJ, Coggan AR. What's in your beet juice? Nitrate and nitrile content of beet juice products marketed to athletes. Int J Sport Nutr Exerc Metab. 2019; 29 (4):345-249

Most beetroot juice products marketed to athletes contain little-to-no dietary nitrate – thus offer minimal, if any, performance benefit.

In 2018, our Beet It Sport Nitrate 400 shot was indepen shown to be the only concentrated beetroot juice on the to provide a consistent, and adequate dose of dietary nitr per serving.

Beet It Sport is the number one natural nitrate product, t by researchers and athletes around the world.

Beet

Nitrate 400

A guaranteed daily dose of 400mg of dietary nitrate packed into a ready to drink, pocket-sized 70ml shot.

Ingredients

Concentrated beetroot juice (98%), lemon juice (2%); made from concentrates.

Nutritional Information:

Energy	per
Fat	70mlshot
- of which saturates	373kJ/88k
Carbohydrates	cal Og Og
- of which are sugars	18.0g
Protein	17.0g
Salt	3.7g
	0.48g

Stored ambient

per		
100mlshot		
532	kJ/1	26k
cal	Og	Og
25.7	7g	
24.3	3g 5.	3g
0.69	9g	





Nitrate 3000

Contains 7 super-concentrated servings (3,000mg of dietary nitrate) and needs to be diluted with water or mixed into smoothies.

Ingredients

Concentrated beetroot juice (100%).

Nutritional Information:

Energy	per
	70mlshot
Fat	294kJ/46k
- of which saturates	cal
Carbohydrates	Cai
2	Og
- of which are sugars	Og
Protein	9.4g
Salt	C
Stored ambient	8.7g
	2.0g
	0.24g

per 100mlshot 553kJ/130k cal 0g 0g 26.8g 24.9g 5.7g 0.69g





Nitrate 400 Crystals

SPORT Beet

Beet It Sport Nitrate 400 crystals deliver 400mg of dietary nitrate in a **Singlea20** groaded 00% from carefully selected concentrate beetroot juice NOT beetroot pulp – and contain a much higher nitrate content that almost all other Beetroot products currently being marketed.

Ingredients

Concentrated beetroot juice (100%).

Nutritional Informationer 100ml

Energy	1348kJ/326
Fat	kcal
- of which saturates	Og
Carbohydrates	Og
- of which are sugars	65g
Protein	62g
Salt	15g
	3.1g
Stored ambient	









A new addition to the Beet It range – Beet It Reger is a novel recovery shot made with sour cherry cond (Prunus Cerasus) and beetroot juice concentrate.

Why Beet It Regen Cherry+

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Beet It Regen Cherry+ provides a boost of antioxidants from combined sour cherry juice concentrate and beetroot juice concentrate.

Unlike other cherry juice products, Beet It Regen Cherry+ does not need to be diluted with water meaning it is quick and convenient for on-the-go consumption

Beet It Regen Cherry+ carries the Informed-Sport logo, which means the products have been tested by LGC's world-class sports anti-doping laboratory.

According to the International Olympic Committee, sour cherry juice concern when dosed as 30ml of concentrate for 2-3 days after exercise, has been shown have anti-inflammatory effects, including reduced symptoms of, or enhanced recovery, from muscle damaging exercise (i.e., delayed on muscle soreness).

When to consume Beet It Regen Cherry+?





The **Beet It Regen Cherry**⁺ shot is a "pre-covery" product, designed to be consumed in the days before exercise to assist with recovery on the days after exercise. They should be consumed in conjunction with **Beet It Sport Nitrate 400** shots, which are rich in dietary nitrate and designed for enhancing exercise performance.

Beet It Regen Cherry+

Beet It Regen Cherry+ is a novel sour cherry juice and beetroot juice recovery shot, designed to be consumed after exercise in a convenient ready-to-drink 70ml format.

Ingredients

Beet

Sour cherry juice concentrate (58%) and beetroot juice concentrate (4

Nutritional Information:

	per
Energy	70mlshot
Fat	294kJ/46k
- of which saturates	cal Og Og
Carbohydrates	9.4g 8.7g
- of which are sugars	2.0g
Protein	0.24g
Salt	

per 100mlshot 553kJ/130k cal 0g 0g 26.8g 24.9g 5.7g 0.69g





Stored ambient



