

# FUELUP

QUALITY VITAMINS AND MINERALS

Quality vitamins and nutritional supplements  
for people leading a healthy lifestyle.



## Fish Oil

Omega 3 0  
Omega 3 Mini 1

## Vitamins

Vitamin D3 0  
Vitamin D3 2  
Vitamin E 01  
Vitamin A 02  
Biotin 03  
Vitamin K2 MK 7 04  
Vitamin C 05  
Folic Acid 06  
DHEA 07  
DHEA MAX 08  
Buffered Vitamin C 09  
Liposomal B Complex 10  
Vitamin B12 (Cyanocobalamin) 11  
Vitamin B6 12  
13  
14

## Amino Acids

L-Carnitine 0  
5-HTP 1  
GABA 0  
L-Arginine 2  
L-Arginine 0  
L-Tyrosine 3  
Acetyl-L-Carnitine 0  
4  
0  
5

## Minerals

Zinc Picolinate 01  
Zinc Gluconate 02  
Magnesium 03  
Citrate 04  
Magnesium 05  
Citrate 06  
Magnesium 07  
Glycinate 08  
Magnesium 09  
Taurate Selenium 10  
Potassium Citrate 11  
Potassium 12  
Glycinate 0  
Potassium 0  
Orotate Calcium 5  
Bisglycinate 0

## General Health

Melatonin 01  
Hyaluronic Acid 02  
MSM 03  
Lecithin 04  
Coenzyme Q10 05  
Chondroitin Sulfate (Bovine Source) 06  
Chondroitin Sulfate (Chicken Source) 07  
Glucosamine Sulfate 2KCl 08  
Lithium Orotate 09  
Shilajit Extract 10  
Inosine 11

## Herbal Complex

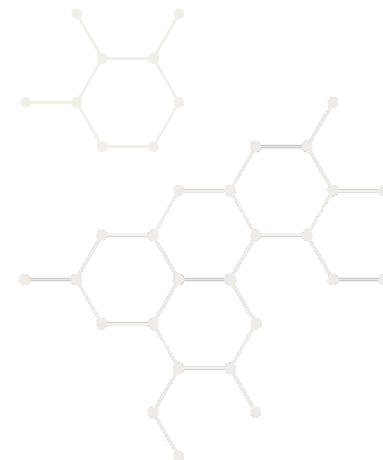
Hair Care 0  
Men's Health 1  
Prostate Care 0  
Women's Health 1  
Stress Management 0  
Detox Support 2  
Liver Support 0  
Skin Care 3  
Memory Support 0  
4  
0  
5  
0

## Herbal

Berberine 0  
HCL 1  
Tongkat Ali 0

## Sport

Crea-Fast 0  
Amino-Up 1  
Crea-Up 0  
Tribulus 2  
3  
0  
4





**FUELUP**

QUALITY VITAMINS AND MINERALS

**Fish Oil**

Vitamins

[www.fuel-up.com](http://www.fuel-up.com)

# OMEGA-3

1000 mg



Supports  
Heart\*



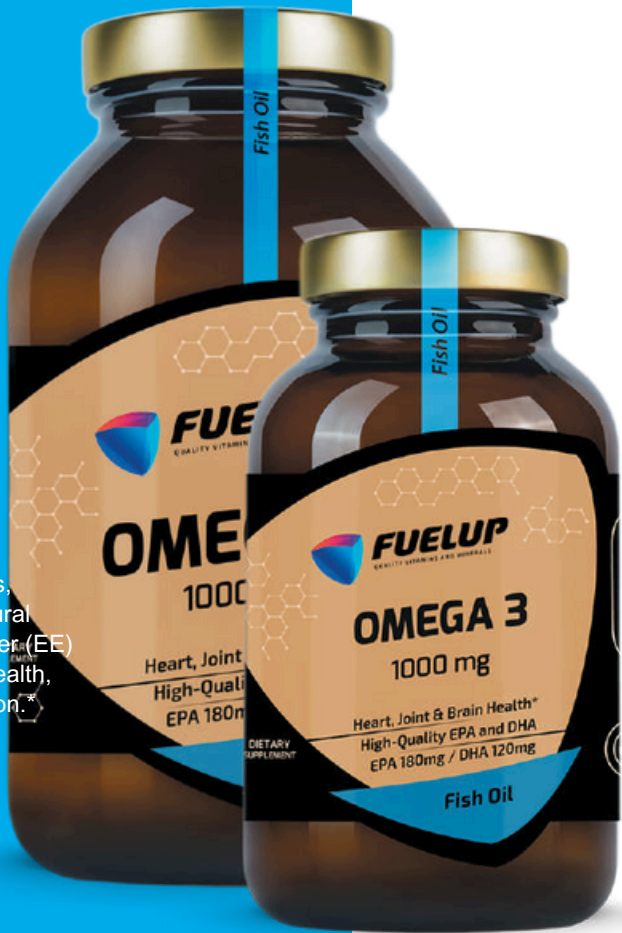
Supports  
Joint\*



Brain  
Health\*

Our product is made from a natural source of Omega-3 fatty acids, featuring high-quality EPA and DHA derived exclusively from natural triglycerides (TG) found in fresh deep-sea fish, while the ethyl ester (EE) form is not. Omega-3 fatty acids help to support cardiovascular health, promote joint wellness and may help to enhance metabolic function.\*

01



x 2

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take two (2) softgels three times daily, preferably with meals or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size: 2 Softgels

	AmountPerServing	%Daily Value
<b>Calories</b>	20	
<b>Total Fat</b>	2 g	3%**
Saturated Fat	0.5 g	3%**
Polyunsaturated Fat	1 g	***
	2 g (2,000 mg)	***
<b>Fish Oil</b>	360 mg	***
<b>Concentrate</b>	240 mg	***
<b>Omega-3 Fatty Acids</b>		
Eicosapentaenoic Acid (EPA)		
Docosahexaenoic Acid (DHA)		

\*\* Daily Value not established

\*\*\*Percent Daily Values are based on a 2000 calorie diet.



**Other Ingredients:** Softgel Capsule (gelatin, glycerin, purified water). Contains Fish (Anchovy).  
**Free Of:** Wheat, Soy, Dairy, Nuts, Egg.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# OMEGA 3 Mini

500 mg



**Supports  
Heart\***



**Supports  
Joint\***

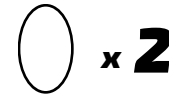


**Brain  
Health\***

Omega-3 Mini (TG) provides essential fatty acids in their natural triglyceride form for superior absorption. Rich in high-quality EPA and DHA, it supports heart, brain and joint health.\* Created in smaller, easy-to-swallow capsules, it offers a convenient supplementation option, especially for women seeking effortless daily healthcare.\*



02



## SUGGESTED USAGE (DIRECTIONS):

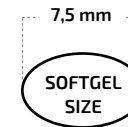
As a dietary supplement for adults, take two (2) softgels three times daily, preferably with meals or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size: 2 Softgels

	Amount Per Serving	% Daily Value
<b>Calories</b>	20	
<b>Total Fat</b>	2 g	3%**
Saturated Fat	0.5 g	3%**
Polyunsaturated Fat	1 g	***
	2 g (2,000 mg)	***
<b>Fish Oil</b>	360 mg	***
<b>Concentrate</b>	240 mg	***
<b>Omega-3 Fatty Acids</b>		
Eicosapentaenoic Acid (EPA)		
Docosahexaenoic Acid (DHA)		

\*\* Daily Value not established

\*\*\* Percent Daily Values are based on a 2000 calorie diet.



**Other Ingredients:** Softgel Capsule (gelatin, glycerin, purified water). Contains fish (anchovy).

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



**FUELUP**

QUALITY VITAMINS AND MINERALS

*Fish Oil*

***Vitamins***

*Amino Acids*

[www.fuel-up.com](http://www.fuel-up.com)

# VITAMIN D3

50,000 IU



**Immune  
System\***

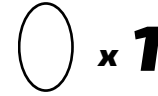


**Bone  
Health\***



**Improves  
Mood\***

Our Vitamin D supplement replicates the same molecular structure that your body naturally synthesizes from sunlight exposure. Vitamin D holds particular significance for your immune system, contributing to the maintenance of healthy bones, teeth, and muscles.\* Furthermore, it is linked to fostering positive moods, supporting cognitive function, and promoting emotional well-being.\* Additionally, Vitamin D aids in maintaining a healthy cardiovascular system, supports kidney function, and contributes to overall emotional health.\*



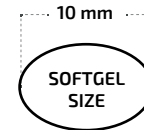
## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) softgel weekly, with a fat-containing meal or as directed by a healthcare professional in your country. Do not for daily use. Vitamin D and Calcium levels should be monitored while taking this product. **Do not exceed recommendation dose.**

## SUPPLEMENT FACTS: Serving Size 1 Softgel

Amount Per Serving % Daily Value

**Vitamin D3** (as Cholecalciferol) 50,000 IU (1250 mcg) 6250%



**Other Ingredients:** Olive Oil, Softgel Capsule (gelatin, glycerin, purified water).

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# VITAMIN D3

4,000IU | 5,000IU | 10,000IU



**Immune  
System\***



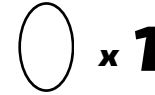
**Bone  
Health\***



**Improves  
Mood\***

Our Vitamin D supplement replicates the same molecular structure that your body naturally synthesizes from sunlight exposure. Vitamin D holds particular significance for your immune system, contributing to the maintenance of healthy bones, teeth, and muscles.\* Furthermore, it is linked to fostering positive moods, supporting cognitive function, and promoting emotional well-being.\* Additionally, Vitamin D aids in maintaining a healthy cardiovascular system, supports kidney function, and contributes to overall emotional health.\*

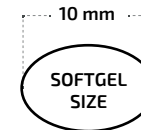
02



**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take one (1) softgel daily with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Softgel

	Amount Per Serving	%Daily Value
<b>Vitamin D3</b> (as Cholecalciferol)		
4,000 IU (100 mcg)		500%
5,000 IU (125 mcg)		625%
10,000 IU (250 mcg)		1250%



**Other Ingredients:** Olive Oil, Softgel Capsule (gelatin, glycerin, purified water).

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# VITAMIN E

400 IU



**Antioxidant  
Properties\***



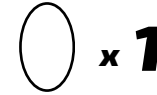
**Cellular  
Health\***



**Immune  
System\***

Vitamin E is an essential nutrient, that is not produced by the human body. The only way to get it is food and dietary supplements. That is why Fuel-Up provides natural sourced Vitamin E to keep up different body functions.\* This formula is a potent antioxidant, which helps to maintain cellular health and.\* In addition, it is essential for normalizing immune system function.\*

03

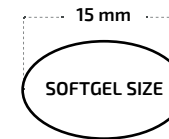


## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) softgel daily, preferably with meals or as directed by a healthcare professional in your country.

### SUPPLEMENT FACTS: Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
<b>Vitamin E</b> (D-alpha Tocopheryl Acetate)	400 IU (268 mg)	1787%



**Other Ingredients:** Vitamin E Oil, Softgel Capsule (gelatin, glycerin, purified water).

**Free Of:** Wheat, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# VITAMIN A

10,000IU | 25,000IU



**Immune  
System\***



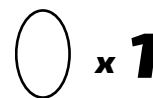
**Skin  
Rejuvenation\***



**Eye  
Health\***

Vitamin A, also known as retinol, is renowned for its skin-rejuvenating benefits.\* It may help in collagen production by fibroblasts stimulation, that provide skin firmness, elasticity while reducing fine lines and wrinkles.\* In addition, Vitamin A is essential for maintaining healthy vision and overall eye function.\* It also plays a key role in keeping up the immune system.\*

04

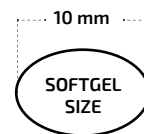


## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) softgel daily, preferably with meals or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
<b>Vitamin A</b> (from Retinyl Palmitate)	10,000 IU (3,000 mcg)	333 %
(Beta carotene oil 30%)	25,000 IU (7,500 mcg)	833 %



**Other Ingredients:** Sunflower Oil, Softgel Capsule (gelatin, glycerin, purified water).

**Free Of:** Wheat, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility**

# BIOTIN

1,000mcg | 5,000mcg | 10,000 mcg



*Immune  
System\**

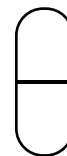


*Hair, Skin  
& Nails Health\**



*Muscle  
Recovery\**

Biotin, a versatile water-soluble B vitamin, plays an important role in supporting energy production and overall health.\* It promotes hair, skin, and nails health, support muscle recovery, and helps to maintain a healthy immune system.\*



**x 1**

## **SUGGESTED USAGE (DIRECTIONS):**

As a dietary supplement for adults, take one (1) vegetable capsule daily with a meal or as directed by a healthcare professional in your country.

## **SUPPLEMENT FACTS:** Serving Size 1 Veg Capsule

	Amount Per Serving	%Daily Value
<b>Biotin</b>	1,000 mcg (1 mg)	3,333%
	5,000 mcg (5 mg)	16,667%
	10,000 mcg (10 mg)	33,333%

16 mm



**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# VITAMIN K2 MK-7

100mcg | 200mcg



**Osteoclast  
Activity\***

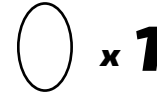


**Bone  
Health\***



**Joint  
Health\***

Vitamin K plays a vital role in bone formation and repairment by supporting osteocalcin synthesis, it is a main protein that helps to bind calcium to bone tissue.\* It also promotes calcium absorption, and helps to maintain the elasticity and condition of blood vessels and may supports joint health.\*



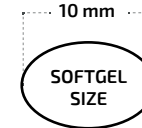
## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) softgel daily, preferably with meals or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Softgel

	AmountPer Serving	%Daily Value
<b>Vitamin K2</b>	100	*
(as Menaquinone – 7)(from Natto)mcg		*
	200	*
	mcg	*

\*\* Daily Value not established



**Other Ingredients:** Olive Oil, Softgel Capsule (gelatin, glycerin, purified water). Contains Soy.

**Free Of:** Wheat, Dairy, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# VITAMIN C

500 mg



*Supports  
Immune System\**



*Keeps Up  
Joint Health\**

Vitamin C is well known for its essential role in supporting immune system health.\* It plays a role in collagen production, helping to keep up the bones health, skin, and joints.\* In addition, Vitamin C acts as an antioxidant.\*



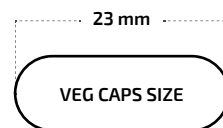
**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule daily with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	AmountPerServing	%Daily Value
<b>Vitamin C</b> (as Ascorbic Acid)	500 mg	555,5%



**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility**

# FOLIC ACID

800 mcg



**Nervous  
System\***



**Heart  
Health\***

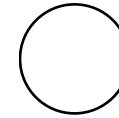


**Superior  
Bioavailability**

5-MTHF is the active form of folate, an essential B vitamin that is readily absorbed—unlike folic acid, which requires conversion. This water-soluble nutrient is crucial for various body functions, including synthesizing methionine from homocysteine, promote heart health, and maintaining a healthy nervous system.\*



08



**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) tablet with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
<b>Folic Acid</b> (as Calcium L-5-methyltetrahydrofolate)	800 mcg (1360 mcg DFE***)	340%

\*\*\*DFE - Dietary Folate Equivalents are units that account for the differences in the absorption of food folate and of synthetic folic acid obtained from dietary supplements or food fortified with folic acid.



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# DHEA

25mg



**Mood  
Regulation\***

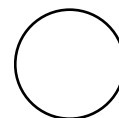


**Hormonal  
Balance\***



**Cognitive  
Health\***

DHEA (Dehydroepiandrosterone) plays a vital role in supporting hormonal balance, boosting energy and overall vitality.\* It keeps up health when aging by helping bone strength, a robust immune system and cognitive health.\* Additionally, DHEA takes part in mood regulation and metabolic function.\* Often known as "the hormone of youth," it is an essential supplement for people seeking to preserve their vitality over time.\*



**x 1**

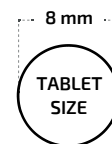
## **SUGGESTED USAGE (DIRECTIONS):**

As a dietary supplement for adults, take one (1) tablet daily with a meal, or as directed by a healthcare professional in your country.

## **SUPPLEMENT FACTS:** Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
<b>DHEA</b> (Dehydroepiandrosterone)	25 mg	**

\*\*Daily Value not established



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# DHEA MAX

100 mg



**Mood  
Regulation\***

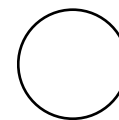


**Hormonal  
Balance\***



**Cognitive  
Health\***

DHEA (Dehydroepiandrosterone) plays a vital role in supporting hormonal balance, boosting energy and overall vitality.\* It keeps up health when aging by helping bone strength, a robust immune system and cognitive health.\* Additionally, DHEA takes part in mood regulation and metabolic function.\* Often known as "the hormone of youth," it is an essential supplement for people seeking to preserve their vitality over time.\*



**x 1**

## SUGGESTED USAGE (DIRECTIONS):

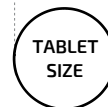
As a dietary supplement for adults, take one (1) tablet daily with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
<b>DHEA</b> (Dehydroepiandrosterone)	100 mg	**

\*\*Daily Value not established

8 mm



TABLET  
SIZE



60

**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# BUFFERED VITAMIN C

500 mg



**Immune  
System\***

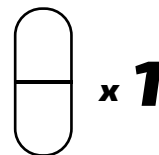


**Iron  
Absorption\***



**Skin  
Health\***

Buffered Vitamin C is a gentle, non-acidic form of vitamin C that supports a healthy immune system, contributes to collagen production.\* This buffered formula is easier on the stomach, making it suitable for individuals with sensitive digestion.\* This essential nutrient may also support iron absorption, contributes to skin health.\* A great daily supplement to support overall well-being and help maintain a healthy immune system.\* It is also a powerful antioxidant.\*



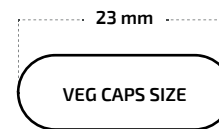
**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule one to two times daily with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>Vitamin C</b> (as Sodium Ascorbate) 500 mg		552%
<b>Sodium</b> 63 mg		2,5%



**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# LIPOSOMAL B COMPLEX



*Highly Bioavailable Blend  
of Essential B Vitamins*

Liposomal B Complex is a highly bioavailable blend of essential B vitamins, with maximized absorption.\* This advanced formula of vitamins B that plays a key role in energy metabolism, brain health and immune function, may help in energy production, nervous system health, cognitive function, keeps up energy levels and mental clarity.\*



*Optimal Metabolism  
and Overall Vitality\**



12



x 2

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take two (2) vegetable capsules with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 2 Veg Capsules

	Amount	Per Serving	% Daily Value
Calcium Pantothenate (B5)	200		4000 %
Inositol (B8)	100		**
Nicotinamide (B3)	80		500 %
Riboflavin-5-Phosphate (B2)	75		5769 %
Thiamin Mononitrate (B1)	50		4166,5 %
Benfotiamine (B1)	50		**
Pyridoxine HCL (B6)	50		2941 %
Pyridoxal 5'-phosphate (B6)	50		2941 %
Niacin (B3)	20		125 %
Biotin (B7)	0,5		1666,65 %
L-5-Methyltetrahydrofolate-Calcium (B9)	0,05		170 %
Methylcobalamin (B12)	0,05		2083 %
Adenosylcobalamin (B12)	0,05		2083 %

\*\*Daily Value not established

**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide. **Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients. **Warning:** For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children. **Storage:** Store in cool dry place. **Produced in a GMP facility.**

23 mm

VEG CAPS SIZE



# VITAMIN B12 (CYANOCOBALAMIN)

1,000 mcg

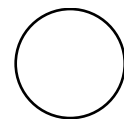


*Mood and  
Nervous System\**



*Cardiovascular  
Health\**

Vitamin B12 (Cyanocobalamin) is an essential nutrient that plays a vital role in energy production, red blood cell formation and nervous system health.\* It keeps up brain function, may support mood and may help to optimize energy metabolism.\* In addition, B12 contributes to cardiovascular health and may promote muscle "PUMP" during workouts, making it a great choice for athletes.\*



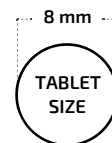
**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) tablet daily with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
<b>Vitamin B12</b> (as Cyanocobalamin)	1000 mcg	41,667%



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility**

# VITAMIN B6

100 mg



**Energy  
Metabolism\***

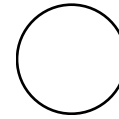


**Immune  
Function\***



**Brain  
Health\***

Vitamin B6 is an essential nutrient that plays a key role in energy metabolism, brain health and immune function.\* It keeps up neurotransmitter production, may help to maintain mood balance and cognitive performance.\* In addition, Vitamin B6 takes part in protein metabolism and red blood cell formation, contributing to overall vitality.\*



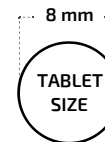
**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) tablet daily with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
<b>Vitamin B6</b> (as Pyridoxine HCL)	100 mg	5882%



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**





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QUALITY VITAMINS AND MINERALS

\*\*

*Vitamins*

***Amino Acids***

*Minerals*

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# L-CARNITINE

500mg



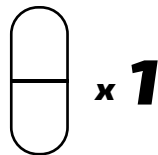
**Enhances Fatty Acid Transport\***



**Boosts Energy Production\***

L-Carnitine is an amino acid that plays a crucial role in transporting fatty acids into the mitochondria, where they are oxidized to produce energy.\* By boosting the transportation of fatty acids into usable energy, it may help to support fatty acid absorption which may support weight management.\*

01



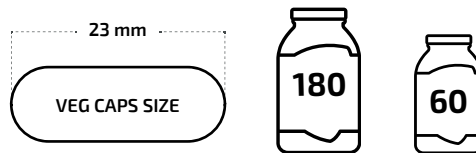
## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take 1-2 capsules daily with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>L-Carnitine</b> (from L-Carnitine L-Tartrate)	500 mg	**

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Talc, Magnesium Salts of Fatty Acids.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# 5-HTP

50mg | 100mg | 200 mg



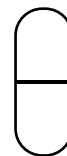
**Sustain the  
Nervous System**



**Positive Mood  
and Relaxation**

5-HTP, naturally derived from the amino acid tryptophan, helps in keeping serotonin elaboration in the body.\* This formula is crafted to promote a positive mood and healthy sleep.\*

02



**x 1**

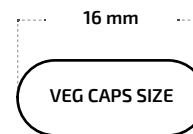
## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule at bedtime, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>5-HTP (5-hydroxytryptophan)</b>	50 mg	*
(from Griffonia simplicifolia seed Extract)	100 mg	*
	200 mg	*

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# GABA

500mg | 750mg



**Nervous System  
Support\***



**Promotes  
Healthy Sleep\***

Gamma-aminobutyric acid (GABA) acts as a key neurotransmitter that facilitates neurotransmission within the brain.\* Its activity in the central nervous system promotes relaxation and healthy sleep\*

03



x **1**

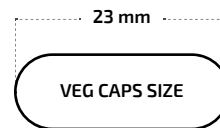
## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule 2 to 3 times daily as needed with water on an empty stomach, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>GABA</b>	500	*
(Gamma-Aminobutyric Acid)	mg	*
	750	*
	mg	*

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# L-ARGININE

500mg | 700mg



**Cardiovascular  
System\***



**Supports  
Physical Activity\***

L-Arginine is a conditionally non-essential amino acid that serves as the basis of protein production and precursor of bioactive components.\* It may be useful for individuals engaged in regular physical activity to help to keep up optimal cardiovascular function and overall performance.\*

04



**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule daily as needed. Take between meals or at bedtime with a carbohydrate drink to facilitate absorption.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
L-Arginine HCL	500 mg	*
	700 mg	*
	mg	*

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# L-ARGININE

1,000 mg



*Cardiovascular  
System\**



*Supports  
Physical Activity\**

L-Arginine is a conditionally non-essential amino acid that serves as the basis of protein production and precursor of bioactive components.\* It may be useful for individuals engaged in regular physical activity to help to keep up optimal cardiovascular function and overall performance.\*



**x 1**

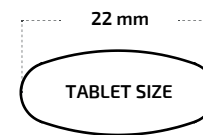
## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) tablet daily as needed. Take between meals or at bedtime with a carbohydrate drink to facilitate absorption.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
<b>L-Arginine HCL</b>	<b>1,000 mg</b>	<b>**</b>

\*\* Daily Value not established



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Talc, Silicon Dioxide.  
**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# L-TYROSINE

500 mg



**Cognitive  
Performance\***



**Mental  
Focus\***



**Stress  
Management\***

L-Tyrosine is a vital amino acid that may supports cognitive performance, stress management and mental focus.\* It plays a key role in producing neurotransmitters such as dopamine and norepinephrine, which enhances mood, especially beneficial during periods of stress, promotes clarity and resilience, making it an excellent choice for maintaining maximum mental performance and emotional balance.\*



**x 1**

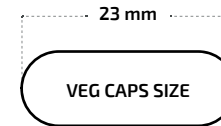
## **SUGGESTED USAGE (DIRECTIONS):**

As a dietary supplement for adults, take one (1) vegetable capsule one to three times daily preferably between meals, or as directed by a healthcare professional in your country.

## **SUPPLEMENT FACTS:** Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>L-Tyrosine (Free Form)</b>	<b>500 mg</b>	<b>**</b>

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# ACETYL-L-CARNITINE

500mg



**Fatty Acids  
Transport\***



**Boost Energy  
Production\***



**Highly  
Bioavailable Form**

Acetyl-L-Carnitine is a modified amino acid, highly bioavailable form of L-Carnitine, that plays a crucial role in transporting fatty acids into the mitochondria, where they are oxidized to produce energy.\* By boosting the conversion of fat into usable energy, Acetyl-L-Carnitine helps to keep healthy weight.\* In addition, Acetyl-L-Carnitine helps to promote cognitive performance, while supporting mind clearance and sharpness.\*



**x 2**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take 2 capsules daily with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 2 Veg Capsule

	Amount Per Serving	% Daily Value
<b>Acetyl-L-Carnitine</b> (from Acetyl-L-Carnitine HCl)	1000 mg	**
** Daily Value not established		

23 mm

VEG CAPS SIZE



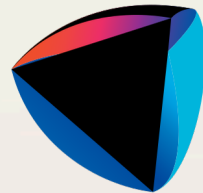
**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



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*Amino Acids*

# **Minerals**

*General Health*

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# ZINC PICOLINATE

50mg



*Nervous and  
Immune Systems\**

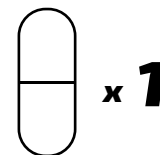


*Muscle Growth  
and Recovery\**



*Chelated  
Form*

Zinc is an essential mineral that plays a vital role in overall health.\* It helps to support the immune, nervous and endocrine systems while contributing to efficient metabolism.\* Zinc is crucial for protein synthesis, promotes muscle growth and recovery, and also keeps up bone structure formation.\* In addition, it plays a key role in aiding healthy development and overall body function.\*

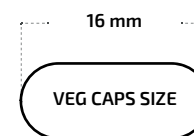


## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>Zinc</b> (from Zinc Picolinate on dry basis)	50 mg	455%



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# ZINC GLUCONATE

50mg



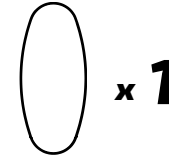
*Nervous and  
Immune Systems\**



*Muscle Growth  
and Recovery\**

Zinc is an essential mineral that plays a vital role in overall health.\* It helps to support the immune, nervous and endocrine systems while contributing to efficient metabolism.\* Zinc is crucial for protein synthesis, promotes muscle growth and recovery, and also keeps up bone structure formation.\* In addition, it plays a key role in aiding healthy development and overall body function.\*

02

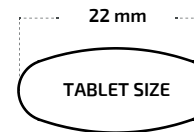


## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) tablet with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount Per Serving	%Daily Value
<b>Zinc</b> (Zinc Gluconate Granular)	50 mg	455%



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# MAGNESIUM CITRATE

100mg | 200mg



*Cardiovascular  
System Health\**



*Nervous System  
Health\**

Magnesium acts as a catalyst for numerous vital processes in the human body.\* It plays a key role in the production of hormones, proteins, enzymes, and amino acids.\* Additionally, magnesium is essential for maintaining the proper functioning of the cardiovascular and nervous systems.\*



x 4

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take four (4) tablets daily with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 4 Tablets

	Amount Per Serving	% Daily Value
<b>Magnesium</b> (as Magnesium Citrate)	400 mg	95%



**Other Ingredients:** Microcrystalline cellulose, Talc, Magnesium Salts of Fatty Acids.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# MAGNESIUM CITRATE

100 mg



*Cardiovascular  
System Health\**



*Nervous System  
Health\**

Magnesium acts as a catalyst for numerous vital processes in the human body.\* It plays a key role in the production of hormones, proteins, enzymes, and amino acids.\* Additionally, magnesium is essential for maintaining the proper functioning of the cardiovascular and nervous systems.\*

04



x 4

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take four (4) vegetable capsules daily with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 4 Veg Capsules

	Amount Per Serving	% Daily Value
<b>Magnesium</b> (as Magnesium Citrate)	400 mg	95%

23 mm

VEG CAPS SIZE



120



60

**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# MAGNESIUM GLYCINATE

100 mg



*Without Laxative  
Effect\**



*Better  
Sleep\**



*Chelated  
Form*

Magnesium Glycinate is a dietary supplement that combines magnesium with glycine. Its chelated form ensures high absorption by the body, may support muscle and nerve function.\* It may help promote better sleep when taken before bedtime.\* Importantly, Magnesium Glycinate does not cause any laxative effects, making it an ideal choice for those seeking for improved sleep and overall health.\*

05



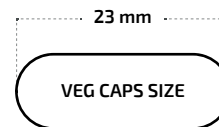
x **2**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take two (2) vegetable capsules daily with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 2 Veg Capsule

	Amount Per Serving	% Daily Value
<b>Magnesium</b> (from Magnesium Bisglycinate)	200 mg	47.5%



**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# MAGNESIUM TAURATE

50mg



**Energy  
Production\***



**No Laxative  
Effect\***



**Chelated  
Form**

Magnesium Taurate is a supplement that combines magnesium and taurine. This chelated form of magnesium is designed to help in energy production, to help reduce muscle cramps and to promote overall health.\* Magnesium plays a vital role in many body functions including muscle and nerve performance, energy production, and bone health.\* Although it may exhibit mild diuretic effects, its formulation is free of laxative effects, making it an excellent choice for reliable magnesium support.\*

06



**x 4**

**SUGGESTED  
(DIRECTIONS):** As a dietary supplement for adults, take (4) tablets daily with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 4 Tablets

	Amount Per Serving	% Daily Value
<b>Magnesium</b> (from Magnesium Taurate)	200 mg	47,5%



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Talc.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# SELENIUM

100mcg | 200mcg

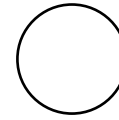


Cardiovascular  
System\*



Healthy Skin\*

Selenium is an essential mineral that plays a key role in overall health.\* It may help to support the cardiovascular system\* Additionally, selenium contributes to maintaining healthy skin by supporting antioxidant protection and cellular regeneration.\*



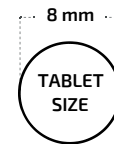
x 1

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) tablet with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
<b>Selenium</b>	100	182
(as L-Selenomethionine)	mcg	%
	200	364
	mcg	%



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.  
**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.  
**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.  
**Storage:** Store in cool dry place.  
**Produced in a GMP facility.**

# POTASSIUM CITRATE

99mg



*Healthy  
Kidney Function\**



*Electrolyte  
Balance\**



*Nerve  
Transmission\**

Potassium Citrate is a supplement that combines potassium with citric acid to support electrolyte balance, kidney function, and may help to promote pH regulation in the body.\* Additionally, it plays a key role in maintaining proper muscle function and nerve transmission.\*



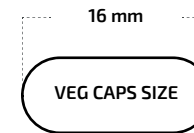
**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>Potassium</b> (as Tripotassium Citrate)	99 mg	2%



**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# POTASSIUM GLYCINATE

99mg



**Cardiovascular  
Health\***

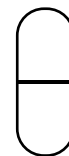
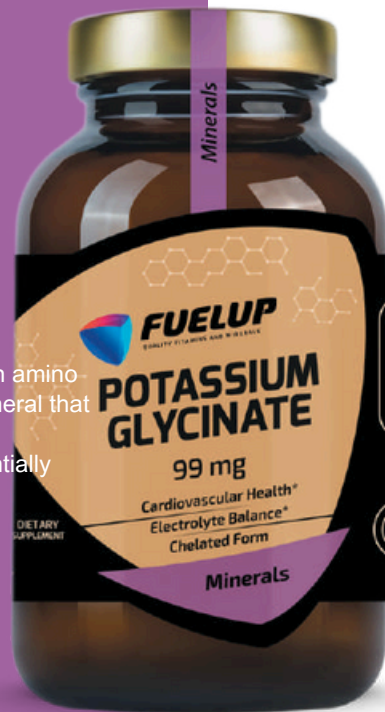


**Electrolyte  
Balance\***



**Chelated  
Form**

Potassium Glycinate is a chelated form of potassium, combined with glycine, an amino acid known for its calming effects.\* This highly absorbable form of essential mineral that takes part in muscle contractions, fluid balance regulation and nerve signaling supports electrolyte balance, hydration, and overall cellular function while potentially reducing muscle cramps and providing cardiovascular health.\*



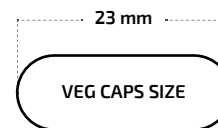
**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>Potassium</b> (as Potassium Glycinate)	99 mg	2%



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

09



# POTASSIUM OROTATE

100 mg

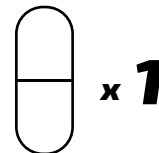


*Promote Athletic Performance\**



*Bone Health\**

Potassium Orotate is a chelated form of potassium combined with orotic acid, a natural compound involved in nucleic acid synthesis.\* As an important electrolyte, potassium may support musculature function, nerve transmission and fluid balance.\* Additionally, this form of Potassium may promote athletic performance.\*

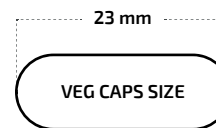


## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) tablet with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>Potassium</b> (as Potassium Orotate)	100 mg	2%



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Microcrystalline Cellulose, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# CALCIUM BISGLYCINATE

125mg

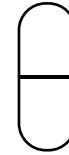


**Supports Strong Bones  
and Healthy Teeth\***



**Highly Absorbable  
Formula**

Calcium Bisglycinate is a chelated form of calcium that promotes strong bones, healthy teeth and optimal muscle function.\* Its superior absorption and gentle digestion makes it suitable for people with digestion issues.\* This essential mineral help to maintain bone strength and overall well-being, providing an effective daily calcium intake.\* It is perfect for anyone looking for effective calcium supplementation.\*



x 4

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take four (4) vegetable capsules daily with a meal, or as directed by a healthcare professional in your

## SUPPLEMENT FACTS: Serving Size 4 Veg Capsule

	Amount Per Serving	% Daily Value
<b>Calcium Bisglycinate</b> (from 2632 mg Calcium Bisglycinate)	500 mg	38,5%



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# CHELATED IRON

36mg



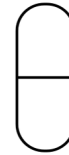
*Promotes Red Blood  
Cell Production\**



*Highly Absorbable  
Formula*

Chelated Iron is a highly absorbable form of iron.\* It also promotes red blood cell production.\* Its gentle formulation makes it suitable for those sensitive to standard iron supplements, making it a trusted daily choice to support energy, immune function, and overall health.\*

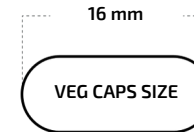
12



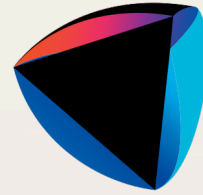
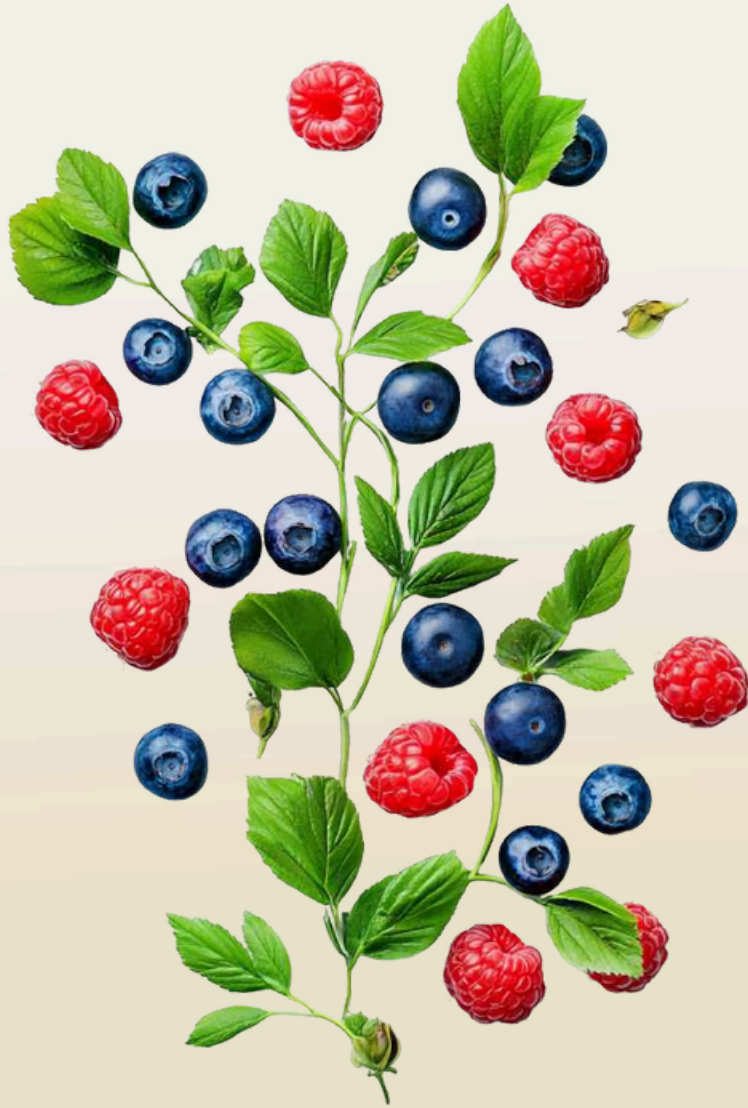
**x 1**

**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take one (1) vegetable capsule one times daily preferably with meals, or as directed by a healthcare professional in your country.

SUPPLEMENT FACTS: Serving Size 1 Veg Capsule		
	Amount Per Serving	% Daily Value
<b>Iron</b> (from 180 mg Ferrous Bisglycinate)	36 mg	200%



**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.  
**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.  
**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.  
**Storage:** Store in cool dry place.  
**Produced in a GMP facility.**



**FUELUP**

QUALITY VITAMINS AND MINERALS

\*\*

Minerals

# General Health

Herbal Complex

[www.fuel-up.com](http://www.fuel-up.com)

# MELATONIN

3mg | 5mg | 10mg

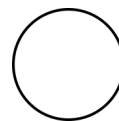


*Cognitive and Memory  
Functions\**



*Healthy Night  
Sleep\**

Melatonin, naturally synthesized in human's body, regulates sleep-wake up cycles, physical activity levels, and body temperature.\* It also plays a crucial role in cognitive function, memory retention, and emotional stability.\* By supporting the body's natural biological rhythm, melatonin helps to restore healthy and restful sleep.\*



**x 1**

## SUGGESTED USAGE (DIRECTIONS):

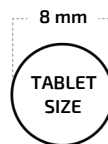
As a dietary supplement for adults, take one (1) tablet at bedtime or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
<b>Melatonin</b>	3 mg	*
	5 mg	*
	10 mg	*
		*

\*\* Daily Value not established

\*  
\*



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# HYALURONIC ACID

120 mg

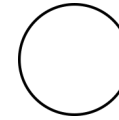


*Promotes  
Skin Beauty\**



*Supports  
Joint Health\**

Hyaluronic Acid is a substance, that human's body naturally occurs. It helps to maintain beauty and health of skin while supporting joint function.\* Present in nearly all connective tissues, because of its water retaining and absorption function, it naturally reduces wrinkles and enhances skin firmness, acting as a lubricant, may promote proper joint movement and supports the overall health of blood vessels.\*



**x 1**

**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take one (1) tablet daily with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
<b>Hyaluronic Acid</b> (from Sodium Hyaluronate)	120 mg	**
** Daily Value not established		

8 mm



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide, Talc.  
**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# MSM

700mg

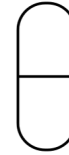


*Promotes Skin and  
Joint Health\**



*Supports  
Immune System\**

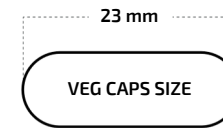
MSM is a dietary supplement that provides methylsulfonylmeth-ane, a sulfur-containing compound naturally found in plants and animals. Known for its powerful antioxidant properties by modulating the activities of antioxidant enzymes, while taking an important role in collagen production which supports joint health, helps to keep up skin and hair health, immune function.\*



**x 1**

**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take two (2) vegetable capsules daily, or as directed by a healthcare professional in your country.

SUPPLEMENT FACTS: Serving Size 2 Veg Capsules		
	Amount Per Serving	% Daily Value
<b>MSM</b> (as Methylsulfonylmethane)	1400 mg	**
** Daily Value not established		

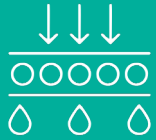


**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids.  
**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.  
**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.  
**Storage:** Store in cool dry place.  
**Produced in a GMP facility.**

03

# LECITHIN

1200 mg

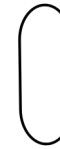


**Cell Membranes  
Protection\***



**Promotes  
Fat Absorption\***

Lecithin acts as a protective agent for cell membranes, offering a range of benefits.\* It may help to regulate cholesterol breakdown, could supports digestion and promotes the absorption of fats, taking part in liver function optimization.\*



**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take 1-2 softgels three times daily, preferably with meals or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	8,5	
Total Fat	0,7 g	1%***
Soya Lecithin	1,2 g (1,200 mg)	**

\*\* Daily Value not established

\*\*\* Percent Daily Values are based on a 2,000 calorie diet



**Other Ingredients:** Softgel Capsule (gelatin, glycerin, purified water). Contains Soy.

**Free Of:** Wheat, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# COENZYME Q10

100 mg

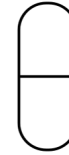


*Promotes Cardiovascular Health\**



*Supports Cellular Health\**

Coenzyme Q10 is a powerful antioxidant essential for energy (ATP) production and cellular health.\* It promotes overall cardiovascular health.\* Ideal for those looking for a balanced lifestyle.\*

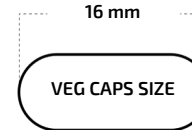


**x 1**

**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take one (1) vegetable capsule one times daily preferably with meals, or as directed by a healthcare

SUPPLEMENT FACTS: Serving Size 1 Veg Capsule		
	Amount Per Serving	% Daily Value
Coenzyme Q10 (Ubiquinone)	100 mg	**

\*\* Daily Value not established



**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

(BOVINE SOURCE)

# CHONDROITIN SULFATE

600mg

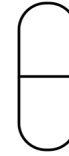


*Promotes Joint  
Mobility and Comfort\**



*Promotes Joint  
Lubrication\**

Chondroitin Sulfate (Bovine), sourced from bovine cartilage, is important supplement for overall health and mobility of Joints.\* It may promote flexibility and joints lubrication through enhanced hydration.\* This ultimate supplement promotes joint mobility and comfort.\*



x 2

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take two (2) vegetable capsules one to three times daily, or as directed by a healthcare professional in your

## SUPPLEMENT FACTS: Serving Size 2 Veg Capsules

	Amount Per Serving	% Daily Value
<b>Chondroitin Sulfate Sodium (Bovine)</b>	1200 mg	**
<b>Sodium</b>	110 mg	5%

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

(CHICKEN SOURCE)

# CHONDROITIN SULFATE

600mg

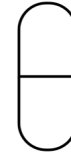


*Promotes Joint  
Mobility and Comfort\**



*Promotes Joint  
Lubrication\**

Chondroitin Sulfate (Chicken), sourced from chicken cartilage, is important supplement for overall health and mobility of Joints.\* It may promote flexibility and joints lubrication through enhanced hydration.\* This ultimate supplement promotes joint mobility and comfort.\*



x 2

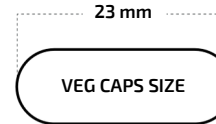
## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take two (2) vegetable capsules one to three times daily or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 2 Veg Capsules

	Amount Per Serving	% Daily Value
<b>Chondroitin Sulfate Sodium (Chicken)</b>	1200 mg	**
<b>Sodium</b>	110 mg	5%

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# GLUCOSAMINE SULFATE 2KCL

500mg

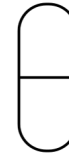


**Proteoglycans  
Synthesis\***



**Promotes  
Joint Health\***

Glucosamine Sulfate helps in promoting joint health.\* Glucosamine Sulfate is a necessary building block for Proteoglycans creation.\* Proteoglycans protects and supports cell, promotes tissue healing.



**x 1**

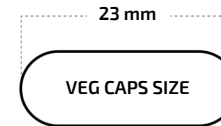
## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule one to two times daily with a meal or as directed by a healthcare professional in your country.al in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsules

	AmountPerServing	%Daily Value
<b>Glucosamine Sulfate</b> (from D-Glucosamine Sulfate 2KCl)	500 mg	**

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# LITHIUM OROTATE

5mg

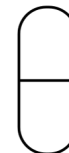


*Cognitive Support\**



*Brain Health\**

Lithium Orotate is a highly bioavailable form of lithium known for enhancing neurotransmitter activity, which supporting mood stability, promotes brain health and overall cognitive support, making it ideal for those seeking improved emotional control.\*



**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule daily with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsules

	Amount Per Serving	% Daily Value
<b>Lithium</b> (As Lithium Orotate)	5 mg	**

\*\* Daily Value not established



**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

09

# SHILAJIT EXTRACT

250mg



**Boosts Testosterone  
Level\***



**Immune Function\***

Shilajit Extract is a natural, mineral-rich substance known for its rejuvenating and energizing properties.\* Sourced from ancient plant matter, it may support energy production, stamina and overall vitality.\* Packed with fulvic acid and essential minerals, Shilajit's components promote nutrient absorption, cognitive health and may support immune function.\* In addition, it may contribute to the nervous system and testosterone level health.\*



**x 1**

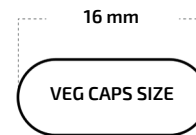
## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule daily with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsules

	Amount Per Serving	% Daily Value
<b>Shilajit Extract</b> (80% Fulvic Acid) 250 mg		**

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# INOSINE

500 mg



**Endurance  
and Strength\***

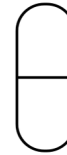


**Promotes  
Immune System\***



**Supports  
Nervous System\***

Inosine is a compound, which takes part in production of ATP, that serves as a direct source of energy for many energy-consuming biochemical and physiological processes.\* This property may help athletes to improve endurance and strength.\* Inosine also promotes the immune system, cognitive functions and helps to support the cardiovascular system.\*



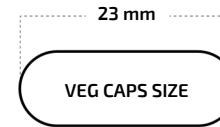
**x 1-2**

**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take 1-2 vegetable capsules daily with a meal or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Inosine	500 mg	**

\*\* Daily Value not established



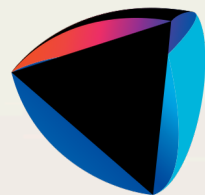
**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule). Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



**FUELUP**

QUALITY VITAMINS AND MINERALS

\*\*

General Health

# Herbal Complex

Herbal

[www.fuel-up.com](http://www.fuel-up.com)

# HAIR CARE

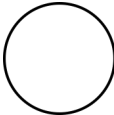


Unique Herbal  
Complex\*



Supports Hair  
Supply\*

This herbal complex is based on herbs, which have been used in ancient Indian medicine, called “Ayurveda”. This complex’s herbs contain specified antioxidant and bioactive components, which may help to support scalp cleaning, hair supply, normalize hair color, and as a side effect, there is a possibility of dandruff removal.\*



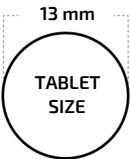
x 1

**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take one (1) tablet twice daily, preferably after meals. For better results it should be taken with warm water.

**SUPPLEMENT FACTS:** Serving Size 1 Tablet  
Amount Per Serving%Daily Value

Proprietary Herbal Blend	550 mg	Embolica	*
Officinalis (Amalaki)	135 mg	Eclipta Alba	*
(Bhringraj)	135 mg	Aloe Barbadensis	*
(Kumari Swaras)	75 mg	Centella	*
(Mandukaparni)	135 mg	Trigonella	*
Foenum Graecum (Methi Powder)	70 mg		*

\*\* Daily Value not established



**Formulation with Unrevealed Secrets of Natural Bioenhancer.**

**Other Ingredients:** Croscarmellose Sodium, Magnesium Stearate, Silica, Sodium Bicarbonate, PVP, Bhurungraj, Polyvinyl Alcohol (clear coat).

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# MEN'S HEALTH



**Keeps up  
Energy Levels\***



**Muscle Tone\***

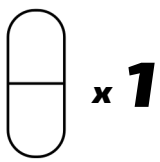


**Mental  
Health\***

Men's Health herbal complex is designed to keep up sexual health by possible promotion of healthy mood.\* It may help to improve energy levels, contributing to overall sexual performance.\* Additionally, its revitalizing properties may support physical strength, stamina, and muscle tone.\*



02



**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take one (1) veg capsule twice daily, preferably after meals. For better results it should be taken with warm water.

**SUPPLEMENT FACTS:** Serving Size 1 Veg Capsule

	Amount Per Serving	%Daily Value
Proprietary Herbal Blend	370 mg	*
Chlorophytum borivilianum (Safed Musli Powder)	150 mg	*
Withania somnifera (Ashwagandha)	40 mg	*
Mucuna pruriens (Krounchabeej)	30 mg	*
Moringa pterygosperma (Shigru)	20 mg	*
Embolica officinalis (Amla)	10 mg	*
Tribulus terrestris (Gokshur)	20 mg	*
Anacyclus pyrethrum (Akkarkara Powder)	15 mg	*
Myristica fragrans (Jaiphal)	10 mg	*
Asphaltum (Shuddha Shilajit)	40 mg	*
Pueraria Tuberosa (Vidarikanda)	35 mg	*
** Daily Value not established		

23 mm



**Formulation with Unrevealed Secrets of Natural Bioenhancer.**  
**Other Ingredients:** Silicon Dioxide, HPMC Capsule.  
**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.  
**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.  
**Storage:** Store in cool dry place.  
**Produced in a GMP facility.**



# PROSTATE CARE

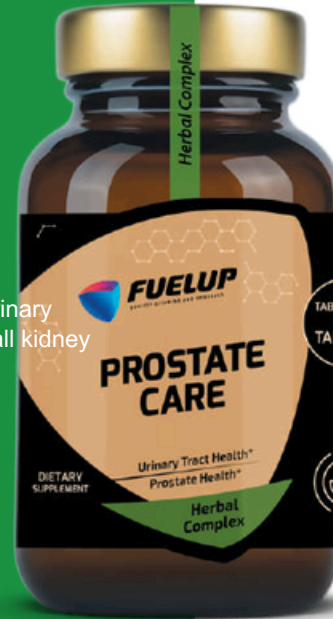


Urinary Tract  
Health\*

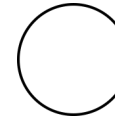


Prostate Health\*

This herbal complex is based on herbs, which have been used in ancient Indian medicine, called "Ayurveda". This formula's diuretic property helps to keep up urinary tract function and to support prostate health.\* Additionally, it may supports overall kidney function and urinary tract health.\*



03



x 1

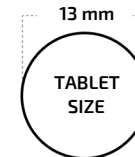
**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take one (1) tablet twice daily, preferably after meals. For better results it should be taken with warm water.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

Amount Per Serving %Daily Value

<b>Proprietary Herbal Blend</b>	550 mg	*
<b>Saxifraga Ligulata</b> (Pashanbhed)	200 mg	*
<b>Balsamodendron Mukul</b> (Shuddha Guggu)	50 mg	*
<b>Tribulus Terrestris</b> (Gokshura Extract)	100 mg	*
<b>Crataevia Nurvala</b> (Varun Extract)	50 mg	*
<b>Boerhavia Diffusa</b> (Punarnava Extract)	50 mg	*
<b>Bauhinia Variegata</b> (Kanchanaar Extract)	50 mg	*
<b>Withania Somnifera</b> (Ashwagandha Extract)	50 mg	*

\*\* Daily Value not established



**Formulation with Unrevealed Secrets of Natural Bioenhancer.**

**Other Ingredients:** Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, PVPP, Polyvinyl Alcohol (clear coat).

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# WOMEN'S HEALTH



**Regulates the  
Menstrual Cycle\***

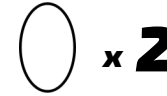


**Herbal Complex  
for Women**

Women's Health Herbal Complex is formulated to help in normalizing the menstrual cycle and may promote a balanced menstrual flow.\* Its natural ingredients may support the female reproductive system. In addition, it may positively affect overall health and hormonal balance.\*



04



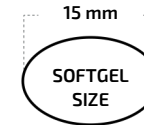
**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take two (2) softgels daily in the morning. It should be ideally taken on empty stomach before meals. For best result take with warm water or milk.

## SUPPLEMENT FACTS: Serving Size 2 Softgels

Amount Per Serving %Daily Value

<b>Proprietary Herbal Blend</b>	1,000 mg	*
<b>Asparagus Racemosus</b>	76,90 mg	*
(Shatavari) <b>Saraca Indica</b>	153,80 mg	*
(Ashoka) <b>Aloe Barbadensis</b>	76,90 mg	*
(Kumari) <b>Messua Ferrea</b>	76,90 mg	*
(Nagkeshar) <b>Symplocus</b>	230,80 mg	*
<b>Racemosus</b> (Lodhra)	76,90 mg	*
<b>Glycyrrhiza</b> <b>Glabra</b>	153,80 mg	*
(Yashtimadhu) <b>Generic</b>	76,90 mg	*
<b>Preparation</b> (Dashmoola)	76,90 mg	*
<b>Phaseolus</b> <b>Trilobus</b>		*
(Mudgaparnee) <b>Teramnus</b>		*
<b>Labialis</b> (Mashparnee)		*

\*\* Daily Value not established



**Other Ingredients:** Gelatin, Glycerin, Sorbitol, Methylparaben, Propylparaben.

**Colour name:** Erythrosine Supra.

**Free Of:** Wheat, Soy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# STRESS MANAGEMENT



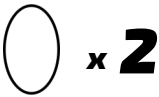
*Nervous System  
Health\**



*Promotes Relaxation\**

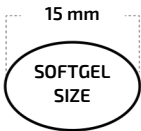
This formula's antistress property may help to keep up healthy mood, while possibly promoting relaxation.\* In addition, its neuroprotective benefits may provide valuable support for overall mental health and stress management.\*

05



**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take two (2) softgels daily in the morning. It should be ideally taken on empty stomach before meals. For best result take with warm water or milk.

SUPPLEMENT FACTS: Serving Size 2 Softgels		
	Amount Per Serving	%Daily Value
Proprietary Herbal Blend	1,000 mg	*
Withania Somnifera (Ashwagandha)	250 mg	*
Bacopa Monnieri (Brahmi)	250 mg	*
Centella Asiatica (Mandukaparni)	150 mg	*
Nardostachys Jatamansi DC (Jatamansi)	100 mg	*
Hyoscyamus Niger (Khurasani ajwain)	100 mg	*
Piper Longum (Pippali)	50 mg	*
Convolvulus Pluricaulis (Shankhpushpi)	100 mg	*
** Daily Value not established		



**Other Ingredients:** Gelatin, Glycerin, Sorbitol, Methylparaben, Propylparaben.  
**Colour name:** Tartrazine Yellow, Brilliant Blue.  
**Free Of:** Wheat, Soy, Nuts, Egg, Shellfish Ingredients.  
**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.  
**Storage:** Store in cool dry place.  
**Produced in a GMP facility.**

# DETOX SUPPORT



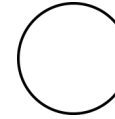
**Keep up  
Bowel Functions\***



**Body  
Detoxification\***

Detox Support is a potent herbal complex that offers a range of beneficial properties.\* Its natural laxative effects help to detoxify the body and promote a thorough cleanse, while its antioxidant and digestive attributes work together to eliminate toxins and support healthy bowel function.\*

06



**x 1**

**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take one (1) tablet once at bedtime. For better results it should be taken with warm water.

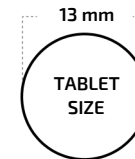
## SUPPLEMENT FACTS: Serving Size 1 Tablet

Amount Per Serving % Daily Value

<b>Proprietary Herbal Blend</b>	550 mg	*
<b>Cassia Fistula</b> (Bahava Magaj)	100 mg	*
<b>Terminalia Chebula</b> (Haritaki)	200 mg	*
<b>Ipomea Turpethum</b> (Nishottar Ghana)	100 mg	*
<b>Triphala Churna</b> (Generic Preparation)	100 mg	*
<b>Trikatu Ghana</b> (Generic Preparation)	50 mg	*

\*\* Daily Value not established

\*  
\*  
\*  
\*  
\*  
\*



**Other Ingredients:** Magnesium Stearate, PVPK, Silicon Dioxide, Croscarmellose Sodium, Pippali, Polyvinyl Alcohol (clear coat).

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# LIVER SUPPORT



**Stimulates Bile  
Expulsion\***

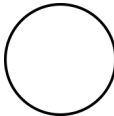


**Healthy Liver\***

Liver Support is a premium herbal complex designed to help keep up liver function.\* Its hepatoprotective and regenerative properties help to promote effective hepatic detoxification.\* Additionally, its immunostimulant benefits may help to provide bile expulsion and may help in liver protection.\*



07



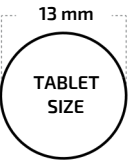
**x1**

**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take one (1) tablet twice daily, preferably after meals. For better results it should be taken with warm water.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

	Amount	Per Serving	% Daily Value
<b>Proprietary Herbal Blend</b>	500 mg		*
<b>Tinospora Cordifolia</b> (Guduchi Extract)	25 mg		*
<b>Andrographis paniculata</b> (Kalmegh Extract)	100 mg		*
<b>Eclipta Alba</b> (Bhringraj Extract)	25 mg		*
<b>Phyllanthus Niruri</b> (Bhui Amla Extract)	50 mg		*
<b>Ocimum Sanctum</b> (Tulsi Powder)	50 mg		*
<b>Boerhaavia Diffusa</b> (Punarnava Extract)	25 mg		*
<b>Tephrosia Purpurea</b> (Sharpunkha Extract)	50 mg		*
<b>Picrorhiza Intybus</b> (Kutki Powder)	50 mg		*
<b>Cichorium Intybus</b> (Kasni Powder)	50 mg		*
<b>Terminalia Arjuna</b> (Arjuna Extract)	25 mg		*
<b>Achillea Millefolium</b> (Biranjasipha)	25 mg		*
<b>Tamarix Gallica</b> (Jhavuka)	25 mg		*

\*\* Daily Value not established



## Formulation with Unrevealed Secrets of Natural Bioenhancer.

**Other Ingredients:** Silicon Dioxide, Magnesium Stearate, Croscarmellose Sodium, HPMC, PVPK, Polyvinyl Alcohol (clear coat).

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# SKIN CARE



**Skin  
Complexion\***



**Hydrates  
the Skin\***

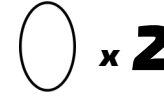


**Keep up  
Skin Glow\***

Skin Care Herbal Complex offers a range of benefits for promoting a healthy skin.\* Its blood-purifying properties may help to detoxify the body, promoting clearer skin.\* It may keep up cell repair and regeneration.\* In addition, it helps to hydrate the skin, keep up complexion, and may help overall skin glow for a youthful appearance.\*



08



## SUGGESTED USAGE (DIRECTIONS):

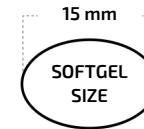
As a dietary supplement for adults, take two (2) softgels daily in the morning. It should be ideally taken on empty stomach before meals. For best

## SUPPLEMENT FACTS: Serving Size 2 Softgels

Amount Per Serving % Daily Value

<b>Proprietary Herbal Blend</b>	998 mg	*
<b>Rubia Cordifolia</b> (Manjishtha)	222,20 mg	*
<b>Azadirachta Indica</b> (Neem black)	111,10 mg	*
<b>Curcuma Longa</b> (Haridra)	111,10 mg	*
<b>Aloe Barbadensis</b> (Kumari)	111,10 mg	*
<b>Acacia Catechu</b> (Khadeer bark)	111,10 mg	*
<b>Hemidesmus Indicus</b> (Sariva)	222,20 mg	*
<b>Eclipta alba</b> (Bhringaraj)	111,10 mg	*

\*\* Daily Value not established



**Other Ingredients:** Gelatin, Glycerin, Sorbitol, Methylparaben, Propylparaben.

**Colour name:** Tartrazine Yellow.

**Free Of:** Wheat, Soy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# MEMORY SUPPORT

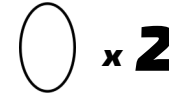


*Keeps up Memory\**



*Cognitive Function\**

Memory Support is a herbal complex with revitalizing and memory-boosting properties derived from Brahmi, Mandukaparni, which contain glycosides, and Jyotishmati, including group B vitamins, may help to rejuvenate nerve and brain cells, while promoting memory and concentration.\* Additionally, Shankha Pushpi may promote interaction between neurons, keeps up cognitive function and retention.\*



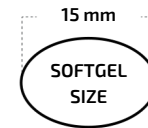
**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take two (2) softgels daily in the morning. It should be ideally taken on empty stomach before meals. For best

## SUPPLEMENT FACTS: Serving Size 2 Softgels

Amount Per Serving % Daily Value

<b>Proprietary Herbal Blend</b>	1,000 mg	*
<b>Bacopa Monnieri</b> (Brahmi)	387,10 mg	*
<b>Celastrus Paniculatus</b> (Jyotishmati)	64,50 mg	*
<b>Acorus Calamus</b> (Vacha)	32,30 mg	*
<b>Evolvulus Alsinoides</b> (Shankhapushpi)	129 mg	*
<b>Centella Asiatica</b> (Mandukaparni)	258,10 mg	*
<b>Tinospora Cordifolia</b> (Guduchi)	129 mg	*

\*\* Daily Value not established



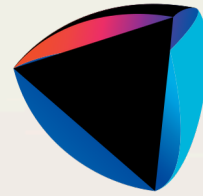
**Other Ingredients:** Gelatin, Glycerin, Sorbitol, Methylparaben, Propylparaben.  
**Colour name:** Brilliant Blue.

**Free Of:** Wheat, Soy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



**FUELUP**

QUALITY VITAMINS AND MINERALS

★★

Herbal Complex

**Herbal**

Sport

[www.fuel-up.com](http://www.fuel-up.com)

# BERBERINE HCL

500mg



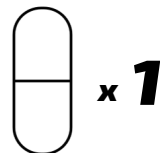
*Supports Cardiovascular Health\**



*Keeps Up Metabolic Function\**

Berberine HCL is a powerful natural compound that supports metabolic function and cardiovascular health.\* Working at the cellular level, it maintains overall healthness, making it an excellent choice for people who are trying to manage their health.\*

01

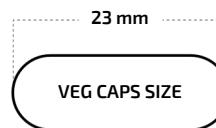


## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule one to two times daily with a meal, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
<b>Berberine HCL</b> (as Berberis Aristata Extract)	500 mg	**
** Daily Value not established		



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# TONGKAT ALI

400 mg



**Boosts  
Testosterone  
Levels\***



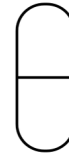
**Helps to Energy  
Production\***



**Sexual  
Performance\***

Tongkat Ali is a powerful herbal extract known for his for supporting energy, vitality and sexual performance.\* It helps to boost testosterone level, physical performance and muscle strength.\* In addition, Tongkat Ali takes part in stress management and cognitive health, making it an excellent choice for people seeking to maintain an active and balanced lifestyle.\*

02



x **1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetable capsule two times daily preferably with meals, or as directed by a healthcare professional in your country.

## SUPPLEMENT FACTS: 1 Veg Capsule

Amount Per Serving %Daily Value

**Tongkat Ali Extract 200:1**  
(Eurycoma Longifolia Jack) (Root)

400 mg

\*\*

\*\* Daily Value not established

23 mm

VEG CAPS SIZE



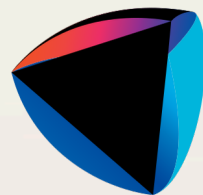
**Other Ingredients:** Hydroxypropyl methylcellulose (cellulose capsule), Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



**FUELUP**

QUALITY VITAMINS AND MINERALS

\*\*

*Herbal*

***Sport***

*Fish Oil*

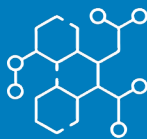
[www.fuel-up.com](http://www.fuel-up.com)

# CREA-FAST

500mg



**Boosting Physical Performance\***



**Does Not Convert to Creatinine**



**Water Soluble**

Creatine HCL, known as "fast creatine", rapidly dissolves in water for immediate absorption into your bloodstream.\* It does not convert to creatinine, nor impairs kidney function, making it especially effective for boosting power and overall physical performance.\*



**x 1**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) vegetarian capsule (500mg) for 30 kg (66 lbs) of weight 20 minutes before Practice.

## SUPPLEMENT FACTS: Serving Size 1 Veg Capsule

Amount Per Serving %Daily Value

**Creatine HCL**

500 mg

\*\*

\*\* Daily Value not established

23 mm

VEG CAPS SIZE



01

**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (cellulose capsule), M Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**



# AMINO-UP

600 mg

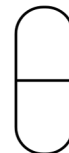
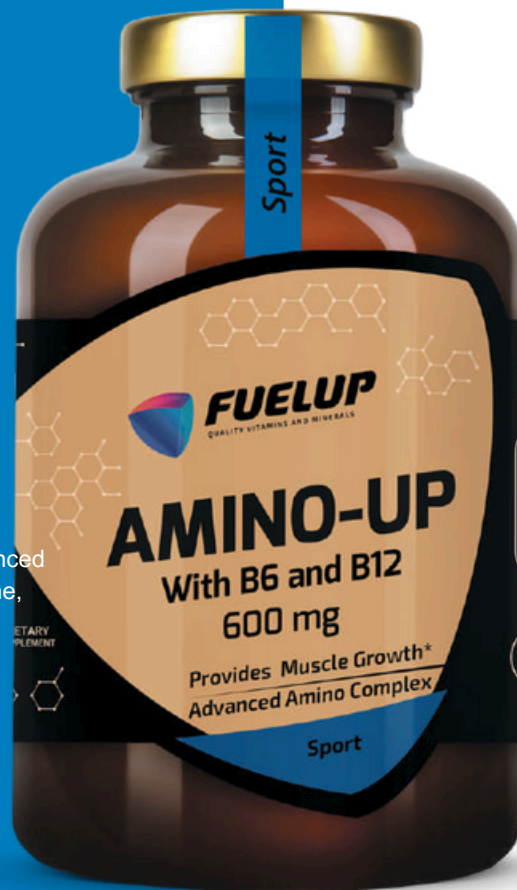


**Provides  
Muscle Growth\***



**Advanced  
Amino Complex**

AMINO-UP stimulates muscle growth from the very first dose! Its advanced formula combines a precise balance of essential amino acids—L-Leucine, L-Isoleucine, L-Valine—along with vital B vitamins to create the optimal conditions for muscle development and strength.\*



**x 3**

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take three (3) capsules in the morning upon waking. On days when you will be practicing, an additional one serving should be taken before training.

## SUPPLEMENT FACTS: Serving Size 3 Veg Capsules

Amount Per Serving %Daily Value

L-Leucine	1180,8 mg	**
L-Isoleucine	304,2 mg	**
L-Valine	291,6 mg	**
Vitamin B6 (as Pyridoxine HCL)	9 mg	529,38 %
Vitamin B12 (as Cyanocobalamin)	300 mcg	12 500 %

\*\* Daily Value not established

23 mm

VEG CAPS SIZE



02

**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# CRE-UP

700mg



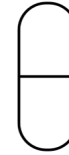
**Promotes  
Muscle Growth\***



**Post-exercise  
Recuperation\***

Creatine Monohydrate is a renowned supplement that enhances muscle size and mass while accelerating recovery after intense workouts.\* It facilitates rapid strength gains and improves endurance, making it a valuable aid for muscle building and post-exercise recuperation.\*

03

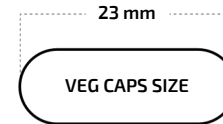


x 4

**SUGGESTED USAGE (DIRECTIONS):**  
As a dietary supplement for adults, take four (4) vegetable capsules 2 times daily with water.

SUPPLEMENT FACTS: Serving Size 4 Veg Capsules		
	Amount Per Serving	%Daily Value
Creatine Monohydrate	2800 mg	**

\*\* Daily Value not established



**Other Ingredients:** Hydroxypropyl Methylcellulose (cellulose capsule), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**

# TRIBULUS

1000mg

95%

Minimum 95%  
Saponins



Boosts  
Testosterone  
Level\*



Keeps up  
Libido\*

Tribulus is an essential supplement for individuals dedicated to intense training and peak performance.\* Sourced from potent herbal extracts, it naturally boosts healthy testosterone levels, keeps up strength, muscle growth and endurance.\* In addition, Tribulus may support detoxification, libido and promote better sleep.\* The effectiveness of this supplement depends on its saponin content, with our formula providing a minimum of 95% saponins for maximum results.

04



x 1

## SUGGESTED USAGE (DIRECTIONS):

As a dietary supplement for adults, take one (1) tablet with a meal, or as directed by a healthcare professional in your country. For maximum results, consult with your coach.

## SUPPLEMENT FACTS: Serving Size 1 Tablet

Amount Per Serving %Daily Value

<b>Tribulus</b>	1000 mg	**
Terresis Extract (min. 95% saponins)		

\*\* Daily Value not established



**Other Ingredients:** Microcrystalline Cellulose, Magnesium Salts of Fatty Acids, Silicon Dioxide.  
**Free Of:** Wheat, Soy, Dairy, Nuts, Egg, Shellfish Ingredients.

**Warning:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Storage:** Store in cool dry place.

**Produced in a GMP facility.**